



## Yong Pay Wen

Principal Dietitian, Nutrition and Dietetics Service,  
Woodlands Hospital

### Research Interests:

- Nutrition support
- Renal nutrition
- Gerontology nutrition

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## Biography

Pay Wen is currently working as a Principal Dietitian in Woodlands Health. She is a certified nutrition support clinician (CNSC) by the National Board of Nutrition Support Certification (NBNSC), USA since Oct 2014. She completed her HMDP observership in nutrition support in oncology in Barnes Jewish Hospital, USA in 2017. She is involved in several research collaboration with multidisciplinary teams and has undergone training in Cochrane systematic review and meta-analysis, fundamentals of quantitative research, biostatistics for research, manuscript writing and poster presentation, REDCap, etc.

## Selected Publications

- [Abstract only] Yong, P.W., W. Serene Chew W.Y., Lee, S.T., Cheong, C.Y., Philip Yap L.K. (2024). Using bedside ultrasound for sarcopenia assessment in older adult patients in the acute care settings – a pilot study. *Clinical Nutrition ESPEN*, 63, 1153-1154. <https://doi.org/10.1016/j.clnesp.2024.07.559>
- Kwek, J. L., Griva, K., Kaur, N., Chong, K. Y., Chua, Z. Y., Sim, G. H. A., Ng, L. C., Yong, P. W., Tung, Y. T., Lim, L. W. W., Teo, S. H., Choo, J. C. J., Foo, M. W. Y., & Jafar, T. H. (2022). Effectiveness and acceptability of a multidisciplinary approach in improving the care of patients with advanced chronic kidney disease: a pilot study. *International Urology and Nephrology*, 54(4), 917–926. <https://doi.org/10.1007/s11255-021-02946-z>
- Salazar, E., Poh, B. Y., Cheang, L. Y., Tan, L. B., Yong, P. W., & Cheah, M. C. C. (2021). Modified minimal-contact COVID-19 workflow allows for safe, remote parenteral nutrition prescribing in non-critically ill patients. *JPEN. Journal of Parenteral and Enteral Nutrition*, 45(6), 1364–1368. <https://doi.org/10.1002/jpen.2104>

- Yong, P.W., Tan, L.B., Loh, Y.H. (2014) Consumption of dietary health supplements among hospitalized patients at an acute tertiary hospital. *PharmaNutrition*, 2(4), 135-140.

**Notable Research Awards & Grants from Past 5 Years**

Name of Awards & Grants	Year Obtained
NHG Health-LKCMedicine Clinician Scientist Preparatory Programme	2022